# (FALL 1985)

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# EDITORIAL ELOQUENCE (?)

The joys of editorship! Fall behind by a week or two, and at this time of year schedules are upset by almost two months! I apologize for the lateness and the size of this issue of APROPOS. But let's face it - it can only improve in '86!

## Bette Heard Editor

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# PRESIDENTIAL PONDERINGS

Bells are ringing, snow is falling, people are scurrying... Yes, Christmas is almost upon us. The Christmas gathering on November 29th was a relaxing reprieve from our frantic timetables - an occasion I, personally, always enjoy. I also enjoy sending good wishes, and so want to wish each and every one of you a Very Merry Christmas and a New Year of Happiness.

While thinking of the new year, I realize February isn't far off either, and that means the electing of our regional Association Executive for 1986/87. Watch for notice of our Annual Business Meeting and plan to attend.

> Millie Cayen President OALT/ABO - SRB

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#### THE LIBRARY TECHNICIAN

There ought to be an annual week For library technicians. Without them, we would wallow deep In critical omissions.

APROPOS vol. 7 no. 2

Like where is this, and where is that, And did we get a book back? And can you help me find my hat? I don't know where to look at!

They patch our grammar, patch the books,

You'll never find them moping. They improvise in crowded nooks, A thousand ways of coping.

They always answer with a smile When patrons need attention. They gladly go the "extra mile," Of this we must make mention.

They marshal journals as they go, They line up every border. They wield a devastating blow To alpha-num disorder!

They bind the journals, feed the cats, They translate with acumen Whatever comes in strange formats. (I wonder if they're human!)

We ought to have a day, at least, To heap them high with honors, With fireworks and gourmet feasts, Without them, we are "goners"!

> Connie Baker Chief, Library Serv. VA Medical Center San Diego

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Sudbury Regional Branch OALT/ABO

#### WOMEN ENTREPRENEURS

The Sheraton Caswell Inn, Sudbury, is the location of the "Business Ownership for Women Conference '86" on February 21, 22, and 23, 1986.

The conference is organized by Women Entrepreneurs, a sub-committee of the Sudbury Business and Professional Women's Club. It is designed to teach women about becoming business owners and to provide avenues to develop their existing expertise in business ownership. Registration for the full event is set at \$80.

For more information, contact the Sudbury Business & Professional Women's Club, P.O. Box 1094, Copper Cliff, Ontario POM 1NO (705) 675-4330.

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#### STRESS MANAGEMENT WORKSHOP

Since stress is something that each of us encounters at one time or another, confronting and defining it seems like a good starting point. Rev. Bill Major did this at the start of the workshop he led on Saturday, Nov. 2, 1985. He explained the various components of stress as first outlined by Hans Selye. To many who are familiar with the work of Selye, nothing really new was said. However, reviewing it and discussing ways to deal with it seemed to take a bit of the mystique out of the subject.

Once the topic had been discussed and broken down into easily digested p parts, participants volunteered information about the things in their jobs that lead to stress. A lively discussion ensued dealing with ways of overcoming and handling these stress triggers.

After a break for lunch, Judy Elston from the North Bay Psychiatric Hospital Library kindly volunteered to having her stressful situation at work examined. The group made a lot of suggestions on how to deal with these problems, and hopefully Judy will be able to put them into practice.

Because of the nature of the subject, a great deal of time can be spent looking at it. However, time ran out, and there was a feeling of things being left up in the air.

As a whole, Bill Major led a lively and informative workshop, and was a knowledgeable and easy-going group leader.

Ursula Skowronski
Library Technician
Cambrian College
Learning Resources
Centre

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### SMOKE-FREE SPACES FOR KIDS

There is a project afoot sponsored by the Canadian Heart Foundation and the Canadian Home and School Parent-Teacher Federation to establish Smoke-Free environments for youth.

This will hopefully come about through adults promoting non-smoking to youth by verbally discouraging young people from smoking, and by becoming good examples themselves by not smoking.

For further information, contact Keith Alan Noble, National Coordinator, Smoke-Free Space for Kids, Canadian Heart Foundation, 1200-1 Nicholas St., Ottawa, Ontario K1N 7B7.

# I I I I I I I I MEMBER NEWS

Congratulations and our best wishes are extended to former SRB member Madeleine Landry and her new husband, Paul Couture. They were married in Thunder Bay on August 3, 1985, and are residing at 2 - 395 S. Hill St., Thunder Bay, Ont. P7B 3W2.

We welcome the following new members: LORRIE ROBERTS - 4070 Roma St., Hanmer,

Ontario POM 1YO

BARBARA LEWIS - 17 Grey St., Chapleau, Ontario POM 1KO

JOANNE TURPLE - 1034 rue Carmen, Sudbury, Ontario P3A 3G8

YVETTE JOYAL - 163 Pine St., Box 984, Chapleau, Ontario POM 1KO

> Linda Davis Membership