

APROPOS

Ontario Association of Library Technicians
OALT/ABO Sudbury Regional Branch
Association des Bibliotechniciens de l'Ontario

President's Message

Welcome to a new membership year for the OALT/ABO Sudbury Regional Branch. I would like to start by welcoming our returning members and hope everyone had a great summer!

I would also like to extend an invitation to past members, who have let their membership lapse, to join us again. This year will be an exciting one for us, along with the benefits we have all come to expect and enjoy - workshops, get together, and newsletters - the Sudbury Regional Branch (SRB) will be hosting the Annual OALT/ABO Conference in May 1999! See "*Conference Update*" for a sneak peak into what we have in store on page 2 and 3.

I'd like to take this first issue to introduce myself to you. Although I have been a member and held executive positions with SRB for a number of years, this is the first time I will hold the position of President. Having this position reminds me of when I was in high school working part-time on weekends in a busy truck stop restaurant. I used to work the graveyard shift in the kitchen, too nervous to go out on the 'floor' and waitress. Waiting tables meant meeting people, taking their orders, remembering details, customer service, and running your feet off. Well, many years later here I am 'out on the floor', this time I know I have a great team beside me and their combined experience will be my strength.

For anyone who has attended one of our Annual Business Meetings you know the election of executive positions is quite informal, more of a negotiation process than anything. This year I also hold the position of Newsletter Editor and hope that all of you will submit articles/items of interest for publication. I can be faxed at 705-675-6855 and emailed to: jarose@tyenet.com. I hope this year reaffirms your reasons for being a library technician and for belonging to the OALT/ABO Sudbury Regional Branch.

Now I would like to introduce you to the new executive for 1998/1999:

Treasurer/Membership: Bette Choquette
Secretary: Millie Cayen
Public Relations: Dorothy Lewis
Director: Linda Davis
President/Newsletter Editor: Jo-ann Larose

I look forward to a great year and hope you join us!

Apropos is published three times a year by OALT/ABO, Sudbury. Letters and inquiries can be sent to: Box 2351, Station A, Sudbury, Ontario P3A 4S8 c/o Newsletter Editor.

Fall Get-Together or Desserts to Die For!

By now you should have received a flyer from Dorothy Lewis advertising our annual Fall Get-Together scheduled for Saturday October 17th to be held at Network North, Cottage 1 (on the property of the Sudbury Algoma Hospital).

At this function we plan to draw the name of the lucky winner of the dinner for two (value \$40.00) from our early membership renewal forms. Anyone wishing to enter, who hadn't yet mailed in their membership form to get in on the draw, will be able to submit payment at this get-together and their name will be entered into the draw.

Don't forget your RSVP by Oct 14th is very important, please call Dorothy (home: 705-692-3095) to save your spot at the dessert table. The idea of desserts came from a wish to share some new recipes (white chocolate cheesecake) and others that proclaim to be better than "Sex in the Pan". Come out, enjoy the desserts, enjoy the company, the fall colours should be quite nice at this time of year. Anyone coming from out of town? Consider it a chance to get a jump on your Christmas shopping! It's never too early to start.

New Membership Forms!

Finally the much anticipated membership forms are here. Bette Choquette in the role of Treasurer/Membership will be sending the new forms to you along with Dorothy Lewis's Fall Get-Together flyer. The new forms have your complete membership information on them from the previous year's application. Make any corrections necessary and return to Bette with payment. These forms have been supplied by a database the Provincial is using and will simplify the job of all Membership Executives. The total SRB membership for 1997/98 was 22, and perhaps by

encouraging your colleagues to join us we can increase our numbers this year.



Fall Workshop:

This year the executive decided to venture into some new territory when it came to the Fall Workshop. We have tentative plans to offer a workshop on *Massage Therapy*. Plans are underway to engage local expertise and offer the workshop on a Saturday in November. We will be sending you information by mail when the arrangements have been made and hope you will join us. This workshop is often preceded with juice, coffee, tea and muffins being available to start your morning. Free to members.

Notice: A Spring workshop will not be scheduled this year due to the planning required for the 1999 Conference - *Perspectives '99* that Sudbury will be hosting.

1999 OALT/ABO CONFERENCE

NOTICE TO ALL MEMBERS:

The conference which is to be held in Sudbury in 1999 will be called *Perspectives '99* and will break the tradition for organizing a conference. Linda Davis has proposed that she would take the conference on as a contract with the SRB. An agreement was reached with SRB and Linda proceeded to present her proposal at the Board of Directors' meeting in February '98. Basically here is how it was outlined at the Spring ABM:

"The provincial board of directors has agreed that Sudbury proceed with conference planning based on the following proposal:

*The organizing of the conference be contracted out to Linda Davis for a fee of \$2000 + 10% of the profits. This contract will include arranging facilities, organizing workshop speakers, entertainment, and kits, collecting information for the registration package and arranging for printing, handling registration and finances, reporting to the board of directors and SRB, and ensuring that final reports are completed

*SRB members will assist with ideas for theme, workshops, kits, etc. and will work on site with registration, acting as group leaders, etc.

*If there is no profit from the conference, no fee will be paid."

The obligation of organizing a three-day conference with reduced membership involvement and executives holding more than one position was part of the rationale to accept Linda Davis' proposal. Linda Davis' commitment to OALT/ABO and especially the Sudbury Regional Branch is well-known. Her attendance at many of the conferences and her involvement in the last conference sponsored by SRB validate her proposal. The costs involved in fulfilling this contract are minimal to the return SRB will be receiving for Linda's dedication to seeing the project to a successful completion. Should you have any questions about this contract, please call Jo-ann Larose at 692-9886 (home) or 675-9192 ext 8343.

Perspectives '99

Plan now to attend OALT/ABO's 26th annual conference in Sudbury, May 13-16th, 1999. The conference will commence Thursday evening with a welcome get-together and exhibits, followed by workshops on Friday and Saturday, and a banquet Saturday evening. The room rate at the Sheraton Four Points Hotel, site of the conference, will be \$70.00 + tax (single or double). For more information, contact Linda Davis, 566-9374.

Director's Report

The '98-'99 OALT/ABO executive and board of directors met in Toronto September 19th at the North York Novotel Hotel.

This introductory meeting set the agenda for the coming year and covered other administrative matters. Highlights included:

1) Salary survey - the biannual survey will appear in the winter issue of

Newsletter/Nouvelles. Please complete and return your survey promptly to provide complete data for the compilers.

2) Debbie Squier-Bernst of Thunder Bay has been appointed provincial newsletter editor. The newsletter will be edited and produced in Thunder Bay.

3) New membership forms have been distributed to regions. These forms are designed to maintain the consistency of data for the production of the membership directory.

4) The public relations coordinator Ghislaine Janveaux will obtain quotes from firms for the next part of the public relations strategy, the employer campaign.

5) Faxon Canada is sponsoring the OALT/ABO listserv. Subscription information will appear in the fall Newsletter/Nouvelles.

6) OLA (Ontario Library Association) has invited OALT/ABO to participate in their strategic planning meeting October 4th at Geneva Park. Nanci Abbondanza (president) and Pam Casey (vice-president) will attend on behalf of OALT/ABO.

7) The treasurer presented a budget for 1998/99 and discussion followed. Finances are a concern due to declining membership. The final budget is set at \$23,645. For details or further breakdown, contact your director.

The next meeting is scheduled for November 14th. Please direct any questions or concerns to Linda Davis at 566-9374.

Submitted by Linda Davis, Director.

ANNOUNCEMENTS:

- **It's a boy!** Brenda and Tom Morissette had a baby boy in late July. Proud parents named their son Patrick.
- **Change of address:** Sudbury Public Library Info Services (aka Reference Library at Civic Square) new address is: 74 MacKenzie St., Sudbury, Ontario P3C 4X8
- **FOR SALE: 25th Anniversary Golf Shirts** White cotton, wash and wear, these attractive golf shirts have a small OALT/ABO logo on the left front. All sizes S,M,L,XL available at \$20.00 per shirt. (No tax) Buy one today! Order from: Linda Davis, 566-9374.
- **Job Search Guide:** Sudbury Region has a copy of "The Information Professional's Job Search Guide" (1996 Karen Melville, U of T) which is available to members on loan. This book is used in the Faculty of Information Studies workshop on job search techniques. To borrow this title, contact Linda Davis at 566-9374.

The following is a fact sheet provided by Millie Cayen of the Resource Centre with the Sudbury & District Health Unit. Due to the lack of space available to reprint the two pages in its entirety, it was been edited. For a copy of the full fact sheet call Millie Cayen at 522-9200 ext 325 or Jo-ann Larose at 675-9192 ext 8343.



NUTRITION INFORMATION ON THE NET: HOW GOOD IS IT?

The Internet is still a relatively new form of medium. We must remember that even though it contains a huge volume of information on many databases it is only another tool, another form of medium. Not all the information will be of the same quality. The regulations that protect us in our traditional forms of media communication are hard to enforce on the Internet.

While not one of the following points alone is enough to evaluate a site, these points and questions can help you determine the credibility and quality of the information. Use the journalist's 5 W's (who, what, when, where, why) and an H (how) to guide you through your assessment. The more "yes" answers you get the more credible the site.

Who?

You should be able to reach site sponsors such as organizations, companies and authors through a way other than the Internet. Credible sponsors or authors of nutritional information will have made sure that the material they offer or write was put through a critical review process before it went on-line. Ask yourself these questions:

- Can you reach site sponsors or authors through an alternate way such as by street address and phone number?
- Does the author clearly state all nutrition-related affiliations, such as corporate sponsorship?
- Is there an editorial board or, are reputable reviewers listed?

What?

Do not rely on only one site for a particular piece of information. Ask yourself:

- Does the author or sponsor recognize standard guidelines that have been reached by consensus backed by sound evidence?
- Does the author/sponsor supply evidence other than testimonials or personal stories to persuade or sell?
- Does the site include a responsible warning, disclaimer and/or suggestion to discuss the information with a licensed health professional?

Where?

Links from one site to another with a common subject can help us in a search for nutritional information. There is no guarantee that linked sites are of the same quality. Search engines will sort their own databases and links for you. They will retrieve information out of context, so to evaluate a site you should go back to its homepage. Ask yourself these questions:

- Can you find the spot where you started?
- Does the site link you to other credible sites?
- Are you aware that a site falls under the laws (or lack of laws) where it is located?

When?

The science of nutrition is an evolving one. Many sound studies with strong evidence are required before safe conclusions can be made. A site can be here today and gone tomorrow, ask yourself:

- Is the information current?
- Is the site updated or revised?
- Can you find the site on more than one occasion?

Why?

Unlike other forms of media, the net does

not require that information be clearly distinguished from advertising material. Ask yourself these questions:

- Does the organization/sponsor clearly state its mission or reason for being?
- Is the objective or purpose for the site met?
- Is advertising material clearly marked?

How?

The power of Internet technology can be used to enhance a site, but also detract from the content. Ask yourself:

- Can you get all the information you need from a site without having to have special software?
- Between the “bell and whistles” is there solid information?

Always get a second, even a third opinion on the nutrition and health information you find on-line. Look for a Registered Dietitian (RD) at your local Public Health Unit, Community Health Centre, hospital or at some educational institutions.

References for article also available.

Produced by Public Health Nutritionists/Dietitians in Ontario June 1998. May be reproduced without permission provided source is acknowledged. Prepared by Marie Traynor, Public Health Dietitian, Sudbury & District Health Unit.

FYI

What follows is a copy of the minutes of the September 4, 1998 Executive Meeting, OALT/ABO Sudbury Regional Branch.

MINUTES
OALT/ABO Sudbury Regional Branch
Executive Meeting
September 4, 1998

1. CALL TO ORDER

Present: J. Larose M. Cayen L. Davis
 B. Choquette D. Lewis

2. ADDITIONS/DELETIONS TO AGENDA

There were none.

3. ADOPTION OF AGENDA

The agenda was adopted as distributed.

4. EXECUTIVE LIST

The 1998/99 Executive List was distributed. Corrections were made.

. CALENDAR OF EVENTS 1998/99

- a) The Fall Get Together will be a coffee and dessert event to be held on Oct. 17 at Network North from 2:00 - 3:30 p.m. An informal tour of the library will be offered. The flyer should be ready for Sept. 17 and will mention the chance to get in on a draw if membership is renewed by that day. The flyer will include a map (Jo-ann) and the new membership forms (Bette). The RSVP deadline will be Oct. 14.
- b) The Fall workshop will take place at College Boreal on Nov.7 (second choice Nov. 21). A presentation on Massage Therapy will be given. Non-members will be charged \$15.00.
- c) Jo-ann will contact Walden Growers about the possibility of holding our winter social there. We're looking at Dec. 5 for the date.
- d) It was decided that there will be no Spring workshop because of the closeness to the conference.
- e) Target dates for the newsletter were identified as: Sept.26-30, Jan. 11 and Apr. 5.
- f) The ABM will occur on March 27, 1999 at College Boreal at 10:00 a.m.

OALT/ABO Sudbury Regional Branch
Executive Meeting
Sept. 4, 1998

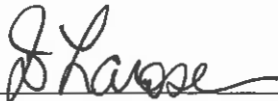
NOTICE

- a) 1st Board meeting Sept. 19
- b) 2nd Board meeting Nov. 14

UPDATE CONFERENCE 1999

- a) Perspectives '99 will be the name for our Conference being held May 13-16, 1999. The Four Points hotel will be the host site. Suggestions for speakers are welcomed. Non-alcoholic refreshments and desserts will be available on the Welcome Night. Workshops will occur Friday morning and afternoon while the evening will offer a choice of a Northern Brewers tour or a Theatre Cambrian production. Workshops will be held Saturday morning and the ABM in the afternoon. There will be one hour of entertainment at the Banquet. Sunday will be breakfast and departure for home. Linda will draw up a calendar. Conference letterhead will probably have "Perspectives '99 in burgundy and raised. 200 sheets will be ordered. It will be used for press releases, letters to workshop leaders and exhibitors, thank you letters, correspondence and the like. A conference meeting will take place after the Fall Get Together.
- b) Reminder: Information to update the OALT/ABO web page should be sent to Angela. We need to update the web page about the Conference.

- 8. There was no other business.
- 9. The meeting adjourned at 6:15 p.m.



Jo-ann Larose, President

Millie Cayen, Secretary